



## Program Objectives

### **Social/Emotional Development**

Rising Star Academy's (RSA) classroom supports children in an effort to:

- Increase success in separation from parent
- Follow the RSA philosophy of respect, kindness and consideration
- Effectively problem solve and use language in conflict situations
- Distinguish between appropriate and inappropriate behavior
- Comfortably accept attention and guidance from teachers
- Approach and make requests of teachers
- Play together with other children
- Join in a group play situation
- Self manage during "free choice" periods
- Develop friendships and learn names of classmates
- Identify and express feelings

### **Self Help Skills**

Children will be involved in activities designed to promote independence

- Washing and drying of hands before snack and after messy projects
- Preparing and serving themselves snacks; cleaning up after
- Cleaning up toys and materials after use
- Holding hands and staying in designated areas during walks and field trips
- Taking turns, listening to one another and cooperatively sitting next to another child during snack and circle times
- Becoming independent in dressing and toileting
- Reliably keeping track of belongings

### **Language Development**

The RSA environment encourages children to:

- Talk, share, listen and communicate with classmates and teachers
- Sing songs, participate in finger plays and rhymes
- Listen to stories and participate in listening, memory and comprehension games
- Follow directions
- Use words appropriately
- Relate experiences
- Experience language as it is incorporated into activities throughout the morning

## **Creative Expression**

Children are exposed to a variety of scheduled activities each day to encourage them to express themselves creatively:

- Easel, finger, sponge, kitchen gadget, tempera and watercolor painting
- Making use of hats, costumes; participating in dramatic play/dress up
- Imaginative and creative activities relating to seasonal themes/dramatic play
- Singing, dancing and movement
- Blocks, puzzles, manipulatives, hand and finger puppets
- Story books, books on tape/CD, storytelling, flannel board stories

## **Cognitive Skills**

Children will participate in daily activities that are designed to stimulate age appropriate developmental skills, such as:

- Sequencing, sorting, counting, recognizing and using numbers
- Understanding 1:1 correspondence
- Sound recognition
- Identifying basic shapes, colors, seasons, textures
- Developing reasoning; understanding cause and effect
- Letter, name and word recognition
- Memorization and recall
- Learning about animals, occupations, transportation, seasonal holidays, tolerance and other cultures, life cycles, nature, weather, geography, nutrition and health

## **Motor Development**

Children will be provided with materials and situations that develop gross and fine motor coordination:

- Gross motor – climbing, balancing, catching, throwing, jumping, hopping, dancing, crawling, sliding, digging
- Fine motor – manipulatives, scissors, writing, stenciling, pouring, sorting, lacing, stringing, play dough, shaving cream and other sensory activities