



Sept 20, 2017

Weekly News

Studio links

ECPAC Calendar of events

<http://www.brentwooddance.com/dance-classes-brentwood-calendar.htm>

ECPAC Welcome Letter/Ballet Handbook/Dress Code

<http://www.brentwooddance.com/dance-classes-brentwood-newsletters.htm>

Studio Themes

Studio Monthly Theme for September

will be

ENGAGEMENT

There are 3 things to do before engaging your core completely.

- 1) needle goes through front the belly button through the spine, pull tight in the back and tie them off.
- 2) fingertips under hip bone, pull up and hold.
- 3) Zip up abs from pelvic bone to belly button like their pants.

NOW ABS ARE READY.

ECPAC Theme for the Year

will be

Consistency

The teachers will be using the same lesson plan for the entire month building on one area of work. They will be taking it slow, explaining what exercises are being used for and keep bring everything they teach back to the same area of work they started on.

Studio upcoming important dates

Sept 23	Imagine That – Elana of Avalor Day Camp
Oct 1	Nutcracker and Tea with Clara tickets on sale
Oct 2-6	No regular classes for Fall Break—Day Camps Only
Oct 2-6	Fall into Fun Day Camp #1 Dance, Tumble, Crafts, Games

ECPAC Full Calendar of events

NEW - you can find our Live Google Calendar to easily add our events to your calendar with just one click!

<http://www.brentwooddance.com/dance-classes-brentwood-calendar.htm>

Studio Announcements

***IMPORTANT Little Stars Costume orders

October 1st deadline

Our annual Little stars show is a fun Holiday tradition at ECPAC for those dancers ages 7 and under to perform. This is an optional performance but we highly recommend them to participate. You are required to purchase the costume to have your dancer perform. If your dancer is in more than 1 class they may choose to be in 1 or all class performances but you must purchase a costume for each class.

Tuition must be current to order, to receive your order and to perform

Please complete 1 form per costume and per child

\$45 per costume (Leotard and tutu - tights and shoes not included).

Online ordering only – [Little stars order form](#)

Honor Society Induction Date change

Honor Society induction has been changed to Sept 30th – please change your calendars!

new Nutcracker Events and Fun for all!

BINGO NIGHT

Tickets will be available for purchase Sept 30th. Please join us for a fun night of laughter, BINGO and great people. Invite your friends, neighbors and family!

- Adult Crazy Hat contest
- Children 12 and under costume contest
- 50/50 raffle

Tea with Clara

tickets will go on Sale October 1st. This is a whimsical afternoon filled with special meet and greet with your favorite characters, sweet treats and making special memories. Perfect for all ages in the show or not.. Grandmas and Aunties or even your girl scout troupe have a fun dressing up and sharing this afternoon. This event will sell out. Get your tickets early.

Without your help and fundraising, our Nutcracker productions wouldn't be. Thank you in advance for your support and participation.

ECPAC Spirit wear

<http://teamstore.gtmsportswear.com/ECPAClogowear>

new ECPAC Show Choir

Show Choir "Mini-Recital" December 21st 5:30 pm-Mark your calendars! (4:30 pm call time for students.)

Disneyland or bust! Does your child like to dance and sing? They are missing out if they aren't enrolled in show choir at ECPAC! We have a wonderful thriving show choir program, and did you know we are going to Disneyland??? Sing and dance at the happiest place on earth! Enroll your child today!

ECPAC Birthday parties – New AND improved!!!!

ECPAC is relaunching our birthday party program and packages – Let us create the best party for your child – check out our new packages and then let us know if you have any questions or are ready to book!

<http://www.brentwooddance.com/dance-classes-brentwood-birthday-parties.htm>

Imagine Day Camps

ECPAC will be offering Monthly camps for our younger dancers. To watch our calendar or register use this link -

<http://www.brentwooddance.com/dance-classes-brentwood-camps-and-clinics.htm>